



Public Course Dates 2024



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STS have now been providing public first aid courses for over 40 years; from just a few a year, we now have over 150 public courses in London. The public (open) courses are available to any industry or size. Whilst we can't tailor it to every single delegate on the course; we will certainly do our best to use examples of accidents and injuries that are commonplace in those workplaces.

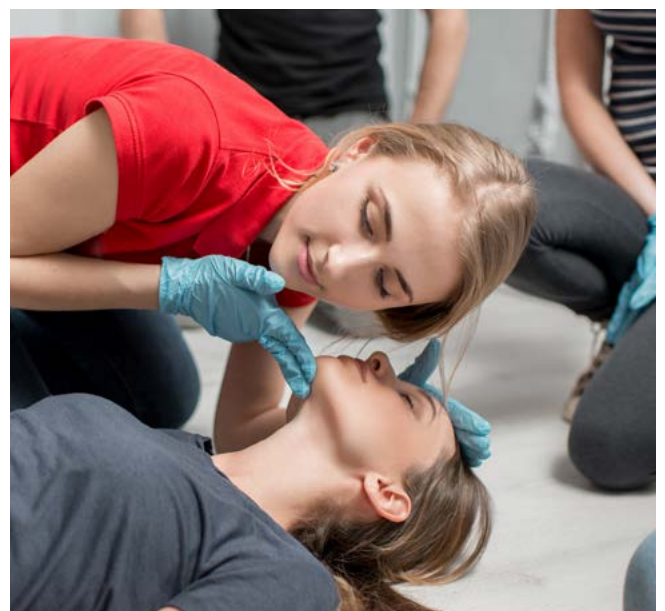
All of our public courses are fully accredited, which enables the delegate to receive a nationally recognised qualification, in line with all your legislative requirements.

We have three venues; Enfield, Haringey (Bounds Green) and in the City of London within the heart of the Financial district. The public courses are ideal for companies of all shapes and sizes. From sole traders and members of the public, to the largest corporate companies; the public courses are suitable for all.

Each of the venues have been carefully selected and are all ideal for learning. There is ample parking at the Enfield and Haringey venues, whilst the venue in the City is within walking distance of 14 different train stations.

Tea, coffee and refreshments are all provided.

There is no maximum number of students you can book on our public courses and they are running all through the year (apart from August to give us a few weeks to catch a breath!)



QA Level 3 Award

3 Day First Aid at Work Course



Ofqual regulated



Certificate valid for 3 years



This Level 3 [*First Aid at Work course*](#) is designed for those employees intending to act as First Aiders at work. It's a Practical and Engaging course in a relaxed environment.

Successful delegates will achieve a nationally recognised qualification.

3 DAY FIRST AID AT WORK COURSE

Month	Enfield	Course No.	Haringey	Course No.	*City of London	Course No.
January	15 - 17	24201	24 - 26	24203		
February	5 - 7	24205			12 - 14	24206
March	6 - 8	24209	18 - 20	24211		
April	22 - 24	24214			15 - 17	24213
May	15 - 17	24219	8 - 10	24217		
June	12 - 14	24222			19 - 21	24223
July	3 - 5	24225	15 - 17	24228		
August	Group bookings available upon request					
September	18 - 20	24230			23 - 25	24231
October	14 - 16	24235	2 - 4	24233		
November	13 - 15	24239			4 - 6	24237
December	9 - 11	24242	4 - 6	24241		
PRICE:	£260.00 pp plus VAT		£260.00 pp plus VAT		£340.00 pp plus VAT	

* City of London courses are subject to change, please check before booking

** The first day of the 3 day courses; can also be used as an Emergency First Aid at Work course if required **

QA Level 3 Award

2 Day First Aid at Work Course



Ofqual regulated



Certificate valid for 3 years

This Level 3 *First Aid at Work Requalification* course is suitable for First Aiders who wish to renew their current First Aid at Work certificate. This 2 day course It's a Practical and Engaging course in a relaxed environment. Successful delegates will achieve a nationally recognised qualification.

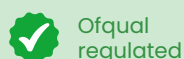
2 DAY FIRST AID AT WORK REQUALIFICATION COURSE

Month	Enfield	Course No.	Haringey	Course No.	*City of London	Course No.
January	29 & 30	24204			18 & 19	24202
February	26 & 27	24208	22 & 23	24207		
March	21 & 22	24212			14 & 15	24210
April	25 & 26	24215	29 & 30	24216		
May	20 & 21	24220			16 & 17	24218
June	24 & 25	24224	6 & 7	24221		
July	11 & 12	24227			10 & 11	24226
August	Group bookings available upon request					
September	26 & 27	24232	12 & 13	24229		
October	10 & 11	24234			24 & 25	24236
November	18 & 19	24240	11 & 12	24238		
December	12 & 13	24243			18 & 19	24244
PRICE:	£175.00 pp plus VAT		£175.00 pp plus VAT		£215.00 pp plus VAT	

* City of London courses are subject to change, please check before booking

QA Level 3 Award

1 Day Emergency First Aid at Work Course



Ofqual regulated



Certificate valid for 3 years

Nationally recognised Level 3 ***Emergency First Aid at Work***. This practical course is suitable for low-risk environments such as shops and offices. Fun, engaging and practical sessions NB. Please match the **Bold Date** to the corresponding **Bold Course** reference number.

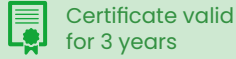
1 DAY EMERGENCY FIRST AID AT WORK COURSE

Month	Enfield	Course No.	Haringey	Course No.	*City of London	Course No.
January	12 or 29	24301 or 24204E	24	24203E	18	24202E
February	21 or 26	24302 or 24208E	22	24207E	12	24206E
March	21 or 26	24212E or 24303	18	24211E	14	24211E
April	16 or 25	24304 or 24215E	29	24216E	15	24213E
May	20 or 23	24220E or 24305	8	24217E	16	24218E
June	7 or 24	24306 or 24224E	6	24221E	19	24223E
July	2 or 11	24307 or 24227E	15	24228E	10	24226E
August	Group bookings available upon request					
September	10 or 26	24308 or 24232E	12	24229E	23	24231E
October	10 or 23	24234E or 24309	2	24233E	24	24236E
November	18 or 22	24240E or 24310	22	24238E	4	24237E
December	3 or 12	24311 or 24243E	4	24241E	18	24244E
PRICE:	£115.00 pp plus VAT		£115.00 pp plus VAT		£130.00 pp plus VAT	

* City of London courses are subject to change, please check before booking

QA Level 3 Award

2 day Paediatric First Aid Course



This 12 hour *Paediatric course* provides specific First Aid training for those who look after children and babies (under 5). It is suitable for Childminders, Nursery Nurses, School staff etc. Fully accredited Level 3 certificate.

2 DAY PAEDIATRIC COURSE

Month	Enfield	Course No.	Haringey	Course No.
January	22 & 23	24401		
February	28 & 29	24403	1 & 2	24402
March	14 & 15	24404		
April	29 & 30	24406	18 & 19	24405
May	13 & 14	24407		
June	26 & 27	24409	10 & 11	24408
July	18 & 19	24410		
August	Group bookings available upon request			
September	16 & 17	24411	23 & 24	24412
October	17 & 18	24413		
November	25 & 26	24415	7 & 8	24414
December	16 & 17	24416		
PRICE:	£125.00 pp plus VAT			

QA Level 3 Award

½ day Paediatric Bolt-on Course



Ofqual regulated



Certificate valid for 3 years

This excellent *Paediatric Bolt-On* course is designed for people who work with children under 5 AND have complete an FAW course within a year of the “bolt-on” course. Fully accredited Level 3 certificate.

PAEDIATRIC BOLT-ON COURSE

Month	Enfield	Course No.
January	31	24417
February	23	24418
March	25	24419
April	17	24420
May	22	24421
June	21	24422
July	22	24423
August	Group bookings available upon request	
September	30	24424
October	21	24425
November	29	24426
December	18	24427
PRICE:	* £70.00 pp plus VAT *	

* If booking a delegate on a First Aid at Work course and Paediatric Bolt-on at the same time; the Bolt-on will be £55 per person. *

QA Level 3 Award

½ Day Fire Warden Course



Ofqual regulated



Certificate valid for 3 years



This half-day **Fire Warden** course provides people with an understanding of the legislative requirements, principles and practical application of the requirements of fire safety in the workplace Please note – we can also run the fire courses online over Zoom / Teams / Webex / Google Hangouts / Facetime.

FIRE WARDEN COURSE

Month	Online - Tutor Led Session	Course No.
January	11	24701
February	2	24702
March	13	24703
April	22	24704
May	10	24705
June	11	24706
July	11	24707
August	Group bookings available upon request	
September	11	24708
October	11	24709
November	15	24710
December	20	24711
PRICE:	£105.00 pp plus VAT	

QA Level 3 Award

½ Day First Aid Annual Skills refresher course



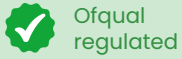
An excellent Practical 3 hour ***Skills Update***, in line with new Ofqual guidelines. Practical and interactive, it's a perfect way to keep skills up to date.

HSE RECOMMENDED ANNUAL SKILLS REFRESHER COURSE

Month	Enfield	Course No.
January	31	24245
February	23	24246
March	25	24247
April	17	24248
May	22	24249
June	21	24250
July	22	24251
August	Group bookings available upon request	
September	30	24252
October	21	24253
November	29	24254
December	18	24255
PRICE:	£70.00 pp plus VAT	

QA Level 3 Award

Mental Health First Aid



Ofqual
regulated



Certificate valid
for 3 years

This excellent two-day *Mental Health First Aid* course qualifies delegates as mental health first aiders. Delegates will get a deep understanding of what mental health is and what factors can affect wellbeing.

MENTAL HEALTH FIRST AID

Month	Enfield	Course No.	City of London	Course No.
January	25 & 26	24801		
February			1 & 2	24802
March	4 & 5	24803		
April				
May	7 & 8	24804		
June			27 & 28	24805
July				
August	Group bookings available upon request			
September	12 & 13	24806		
October			21 & 22	24807
November	27 & 28	24808		
December				
PRICE:	£325.00 now £285.00 pp plus VAT		£325.00 now £285.00 pp plus VAT	

Group Bookings

Our in-house courses allow companies to train a group of staff all at the same time at your place of work.

Generally speaking, if you have more than 4 delegates that you need to train, it could be an option to hold an in-house course. We don't have a minimum number as we run the courses on a "per day" basis rather than "per person" ... so the more people you book on the course, the cheaper it is for you.

We don't have to train on consecutive days; if you would like a course spread over a number of days; or at weekends it's not a problem. We cater for shift workers too; starting early in the day, or late at night We aim to be as flexible as possible to help you.

When arranging an in-house course, we will try and fit into your schedule rather than the other way round. We have a large team of trainers and can cover any date or time that you require.

Many of the Health and Safety courses can also be done on line, with a Tutor led session via Zoom / Webex / Teams / Facetime / Google Hangouts etc...

In-House Course Options

FIRST AID	HEALTH AND SAFETY
3 day First Aid at Work	Fire Warden (with or without Extinguishers)
2 day First Aid at Work Requalification	Manual Handling
1 day Emergency First Aid	Working at Height
2 day Paediatric First Aid	Asbestos Awareness
1 day Emergency Paediatric First Aid	IOSH Managing Safely
AED and Basic Life Support	Level 1 H&S in Construction
First Aid for School Support Staff	Level 2 H&S in the workplace
Patient Handling	Level 2 in Food Hygiene
Pet First Aid	Level 3 in Food Hygiene
Mental Health First Aid	Ladder Safety
Annual Skills refresher	Harness and Lanyard
Citizen-Aid	Face-Fit Testing
Epi-Pen Training	Environmental Awareness
Bespoke First Aid workshops	H & S Consultancy
Bespoke Mental Health for secondary schools	Fire Risk Assessments

Supplies



For over 35 years, we have been supplying a full range of first aid and safety equipment. There is no minimum or maximum order.

We provide a comprehensive range of first aid, medical and safety products for all types of industries. Our product range includes first aid kits, bandages, dressings, kits, Defibrillators, signs, plasters and many more.

We are fully authorised distributors for several manufacturers, ensuring the lowest prices and highest possible service.

To make a booking, click on the course number on the list.

Alternatively please contact the office on: 0208 211 2054 or email your request to dave@sts-firstaid.co.uk or info@sts-firstaid.co.uk

We also have an online shop; we stock everything from Defibrillators to First Aid Kit Essentials.

Take a look – please click here for any supplies orders: <http://sts-firstaid.co.uk/shop>

We aim to deliver within two days; and could very well be cheaper than you current supplier... Once you have booked your training with us; you will receive you discount code to use on the shop.



For all your **Defibrillator** needs; have a look at our other website: www.defibs.co.uk



Venues

Venues may be subject to change, so don't use these as final confirmation. Once a booking is made, we will send the organiser the joining instructions as confirmation of venue, times etc.

City of London

City Business Library, Aldermanbury, London EC2V 7HH



Enfield

Enfield Business Centre, 201 Hertford Road, Enfield, EN3 5JH



Haringey

Bounds Green Tennis and Bowls Club, Goring Road, London N11 2DD





Enfield Business Centre,
201 Hertford Road, Enfield, EN3 5JH

**STS COMPLETE HEALTH & SAFETY LIMITED is a
registered Company in England and Wales**

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