

STS have now been providing public first aid courses for almost 35 years; from just a few a year, we now have over 150 public courses in London. The public (open) courses are available to any industry or any size. Whilst we can't tailor it to every single delegate on the course; we will certainly do our best to use examples of accidents and injuries that are commonplace in those workplaces.

All of our public courses are fully accredited, which enables the delegate to receive a nationally recognised qualification, in line with all your legislative requirements.

We have three venues; Enfield, Tottenham and in the City of London within the heart of the Financial district. The public courses are ideal for companies of all shapes and sizes. From sole traders and members of the public, to the largest corporate companies; the public courses are suitable for all.

Each of the venues have been carefully selected and are all ideal for learning. There is ample parking at the Enfield and Haringey venues, whilst the venue in the City is within walking distance of 14 different train stations. Tea, coffee and refreshments are all provided.

There is no maximum number of students you can book on our public courses and they are running all through the year (apart from August to give us a few weeks to catch a breath!).

[3 Day First Aid at Work \(Level 3\)](#)

[Click for more info](#)

This Level 3 [First Aid at Work](#) course is designed for those employees intending to act as First Aiders at work. It's a Practical and Engaging course in a relaxed environment. Successful delegates will achieve a nationally recognised qualification.

3 Day FIRST AID at WORK Course						
Month	Enfield	Course No.	Tottenham	Course No.	City of London	Course No.
January	13 – 15	21202	18 – 20	21203	25 – 27	21205
February	3 – 5	21208	8 – 10	21209	24 – 26	21212
March	1 – 3	21213	10 – 12	21216	15 – 17	21217
April	21 – 23	21221	28 – 30	21224	19 – 21	21220
May	10 – 12	21225	24 – 26	21229	19 – 21	21228
June	16 – 18	21234	9 – 11	21232	21 – 23	21235
July	7 – 9	21238	5 – 7	21237	20 – 22	21242
August	Group bookings available upon request					
September	15 – 17	21245	22 – 24	21247	27 – 29	21248
October	4 – 6	21249	13 – 15	21252	20 – 22	21254
November	3 – 5	21256	8 – 10	21257	17 – 19	21260
December	1 – 3	21261	6 – 8	21263	13 – 15	21265
PRICE:	£220.00 pp plus VAT		£220.00 pp plus VAT		£295.00 pp plus VAT	

[2 Day First Aid at Work \(Level 3\)](#)

[Click for more info](#)

This Level 3 [First Aid at Work Requalification](#) course is suitable for First Aiders who wish to *renew* their current First Aid at Work certificate. This 2 day course It's a Practical and Engaging course in a relaxed environment. Successful delegates will achieve a nationally recognised qualification.

2 Day FIRST AID at WORK Requalification Course						
Month	Enfield	Course No.	Tottenham	Course No.	City of London	Course No.
January	11 & 12	21201	21 & 22	21204	28 & 29	21206
February	1 & 2	21207	11 & 12	21210	22 & 23	21211
March	4 & 5	21214	8 & 9	21215	18 & 19	21218
April	26 & 27	21223	22 & 23	21222	15 & 16	21219
May	13 & 14	21226	17 & 18	21227	27 & 28	21230
June	14 & 15	21233	7 & 8	21231	24 & 25	21236
July	12 & 13	21239	14 & 15	21240	15 & 16	21241
August	Group bookings available upon request					
September	13 & 14	21244	20 & 21	21246	9 & 10	21243
October	7 & 8	21250	11 & 12	21251	18 & 19	21253
November	1 & 2	21255	11 & 12	21258	15 & 16	21259
December	6 & 7	21262	9 & 10	21264	16 & 17	21266
PRICE:	£150.00 pp plus VAT		£150.00 pp plus VAT		£195.00 pp plus VAT	

[1 Day Emergency First Aid at Work Course \(Level 3\)](#)

[Click for more info](#)

Nationally recognised Level 3 [Emergency First Aid at Work](#). This practical course is suitable for low-risk environments such as shops and offices. Fun, engaging and practical sessions

NB. Please match the **Bold Date** to the corresponding **Bold Course reference number**

1 Day Emergency FIRST AID at WORK Course						
Month	Enfield	Course No.	Tottenham	Course No.	City of London	Course No.
January	8 or 11	21301 or 21210E	18 or 21	21203E or 21204E	25 or 28	21205E or 21206E
February	1 or 8	21207E or 21302	8 or 11	21209E or 21210E	22 or 24	21211E or 21212E
March	4 or 8	21214E or 21303	8 or 10	21215E or 21216E	15 or 19	21217E or 21220E
April	19 or 26	21304 or 21223E	22 or 28	21222E or 21224E	15 or 19	21219E or 21219E
May	4 or 13	21305 or 21226E	17 or 24	21227E or 21229E	19 or 27	21228E or 21230E
June	8 or 14	21306 or 21233E	7 or 9	21231E or 20232E	21 or 24	21235E or 21236E
July	2 or 12	21307 or 21239E	5 or 14	21237E or 21240E	15 or 20	21241E or 21242E
August	Group bookings available upon request					
September	13 or 30	21244E or 21308	20 or 22	21246E or 21247E	9 or 27	21243E or 21248E
October	7 or 18	21250E or 21309	11 or 13	21251E or 21252E	18 or 20	21253E or 21254E
November	1 or 22	21255E or 21310	8 or 11	21257E or 21258E	15 or 17	21259E or 21260E
December	6 or 14	21262E or 21311	6 or 9	21263E or 21264E	13 or 16	21265E or 21266E
PRICE:	£95.00 pp plus VAT		£95.00 pp plus VAT		£95.00 pp plus VAT	

[2 day Paediatric First Aid Course](#)

[Click for more info](#)

This 12 hour [Paediatric course](#) provides specific First Aid training for those who look after children and babies (under 5). It is suitable for Childminders, Nursery Nurses, School staff etc. Fully accredited Level 3 certificate.

2 Day Paediatric Course				
Month	Enfield	Course No.	Tottenham	Course No.
January	21 & 22	21401	25 & 26	21402
February	25 & 26	21403		
March	22 & 23	21404	25 & 26	21405
April	29 & 30	21406		
May	24 & 25	21408	20 & 21	21407
June	24 & 25	21410		
July	15 & 16	21412	12 & 13	21411
August	Group bookings available upon request			
September	20 & 21	21413	29 & 30	21414
October	14 & 15	21415		
November	15 & 16	21416	29 & 30	21417
December	9 & 10	21418		
PRICE:	£110.00 pp plus VAT			

[½ day Paediatric Bolt-on Course](#)

[Click for more info](#)

This excellent [Paediatric Bolt-On](#) course is designed for people who work with children under 5 AND have complete an FAW course within a year of the "bolt-on" course. Fully accredited Level 3 certificate.

Paediatric Bolt-on Course			
Month	Enfield	Tottenham	Course No.
January	29		21419
February		24	21420
March	29		21421
April	28		21422
May		27	21423
June	28		21424
July	19		21425
August	Group bookings available upon request		
September	27		21426
October	20		21427
November		26	21428
December	13		21429
PRICE:	£60.00 pp plus VAT		

[½ Day Fire Warden Course](#)

[Click for more info](#)

This [half-day Fire course](#) provides people with an understanding of the legislative requirements, principles and practical application of the requirements of fire safety in the workplace Please note – we can also run the fire courses online over Zoom / Teams / Webex / Google Hangouts / Facetime.

Fire Warden Course			
Month	Enfield	Online – Tutor led session	Course No.
January		29	21701
February	9		21702
March		29	21703
April	20		21704
May		29	21705
June	29		21706
July		19	21707
August	Group bookings available upon request		
September	24		21708
October		29	21709
November	23		21710
December		10	21711
PRICE:	£90.00 pp plus vat	£45.00 pp plus vat	

[½ Day First Aid Annual Skills refresher course](#)

[Click for more info](#)

An excellent [Practical 3 hour Skills Update](#), in line with new Ofqual guidelines. Practical and interactive, it's a perfect way to keep skills up to date.

Skills Refresher Course			
Month	Enfield	Tottenham	Course No.
January	29		21267
February		24	21268
March	29		21269
April	28		21270
May		27	21271
June	28		21272
July	19		21273
August	Group bookings available upon request		
September	27		21274
October	20		21275
November		26	21276
December	13		21277
PRICE:	£60.00 pp plus VAT		

[Mental Health First Aid:](#)

[Click for more info](#)

This excellent two-day course qualifies delegates as mental health first aiders. Delegates will get a deep understanding of what mental health is and what factors can affect wellbeing.

Skills Refresher Course			
Month	Enfield	City of London	Course No.
January			
February	22 and 23		21712
March		30 and 31	21713
April			
May			
June	6 and 7		21714
July		8 and 9	21715
August	Group bookings available upon request		
September			
October	21 and 22		21716
November		25 and 26	21717
December			
PRICE:	£275.00 pp plus VAT		

[Group Bookings](#)

Our in-house courses allow companies to train a group of staff all at the same time at your place of work.

Generally speaking, if you have more than 4 delegates that you need to train, it could be an option to hold an in-house course. We don't have a minimum number as we run the courses on a "per day" basis rather than "per person" ... so the more people you book on the course, the cheaper it is for you.

We don't have to train on consecutive days; if you would like a course spread over a number of days; or at weekends it's not a problem. We cater for shift workers too; starting early in the day, or late at night We aim to be as flexible as possible to help you.

When arranging an in-house course, we will try and fit into your schedule rather than the other way round. We have a large team of trainers and can cover any date or time that you require.

Many of the Health and Safety courses can also be done on line, with a Tutor led session via Zoom / Webex / Teams / Facetime / Google Hangouts etc...

[In-House course options:](#)

First Aid	Health and Safety
3 day First Aid at Work	Fire Warden (with or without Extinguishers)
2 day First Aid at Work Requalification	Manual Handling
1 day Emergency First Aid	Working at Height
2 day Paediatric First Aid	Asbestos Awareness
1 day Emergency Paediatric First Aid	IOSH Working Safely
AED and Basic Life Support	IOSH Managing Safely
First Aid for School Support Staff	Level 1 H&S in Construction
Patient Handling	Level 2 H&S in the workplace

Pet First Aid	Level 2 in Food Hygiene
Mental Health First Aid	Level 3 in Food Hygiene
Annual Skills refresher	Ladder Safety
Citizen-Aid	Harness and Lanyard
Epi-Pen Training	Face-Fit Testing
Bespoke First Aid workshops	Environmental Awareness
Bespoke Mental Health for secondary schools	H & S Consultancy
	Fire Risk Assessments

Supplies

For over 30 years, we have been supplying a full range of first aid and safety equipment. There is no minimum or maximum order.

We provide a comprehensive range of first aid, medical and safety products for all types of industries. Our product range includes first aid kits, bandages, dressings, kits, Defibrillators, signs, plasters and many more. We are fully authorised distributors for several manufacturers, ensuring the lowest prices and highest possible service.



To make a booking, click on the course number on the list. Alternatively please contact the office on 0208 211 2054 or email your request to dave@sts-firstaid.co.uk or info@sts-firstaid.co.uk

**We also have an online shop; we stock everything from Defibrillators to First Aid Kit Essentials. Take a look – please click here for any supplies orders: <http://sts-firstaid.co.uk/shop>

We aim to deliver within two days; and could very well be cheaper than you current supplier... Once you have booked your training with us; you will receive your discount code to use on the shop.

For all your **Defibrillator** needs; have a look at our other website: www.defibs.co.uk



Venues

Venues: May be subject to change, so don't use these as final confirmation. Once a booking is made, we will send the organiser the joining instructions as confirmation of venue, times etc.

City of London

City Business Library, Aldermanbury, London EC2V 7HH



Enfield

Enfield Business Centre, 201 Hertford Road, Enfield, EN3 5JH



Haringey (Tottenham)

Bruce Castle Museum, Lordship Lane, London N17 8NU

