

STS have now been providing public first aid courses for almost 35 years; from just a few a year, we now have over 150 public courses in London. The public (open) courses are available to any industry or any size. Whilst we can't tailor it to every single delegate on the course; we will certainly do our best to use examples of accidents and injuries that are commonplace in those workplaces.

All of our public course are fully accredited, which enables the delegate to receive a nationally recognised qualification, in line with all your legislative requirements.

We have three venues; Enfield, Tottenham and in the City of London within the heart of the Financial district. The public courses are ideal for companies of all shapes and sizes. From sole traders and members of the public, to the largest corporate companies; the public courses are suitable for all.

Each of the venues have been carefully selected and are all ideal for learning. There is ample parking at the Enfield and Haringey venues, whilst the venue in the City is within walking distance of 14 different train stations. Tea, coffee and refreshments are all provided.

There is no maximum number of students you can book on our public courses and they are running all through the year (apart from August to give us a few weeks to catch a breath!).

### [3 Day First Aid at Work \(Level 3\)](#)

[Click for more info](#)

This Level 3 [First Aid at Work](#) course is designed for those employees intending to act as First Aiders at work. It's a Practical and Engaging course in a relaxed environment. Successful delegates will achieve a nationally recognised qualification.

3 Day FIRST AID at WORK Course						
Month	Enfield	Course No.	Tottenham	Course No.	City of London	Course No.
January	15 - 17	20202	20 - 22	20203	29 - 31	20206
February	3 - 5	20207	10 - 12	20209	24 - 26	20211
March	4 - 6	20214	16 - 18	20215	25 - 27	20217
April	22 - 24	20221	27 - 29	20222	20 - 22	20220
May	6 - 8	20226	13 - 15	20227	20 - 22	20229
June	8 - 10	20232	17 - 19	20234	22 - 24	20235
July	8 - 10	20238	13 - 15	20239	15 - 17	20240
August	Group bookings available upon request					
September	14 - 16	20243	23 - 25	20256	28 - 30	20247
October	7 - 9	20250	12 - 14	20251	19 - 21	20253
November	4 - 6	20256	9 - 11	20257	18 - 20	20259
December	2 - 4	20262	7 - 9	20263	14 - 16	20265
PRICE:	£220.00 pp plus VAT		£220.00 pp plus VAT		£290.00 pp plus VAT	

## [2 Day First Aid at Work \(Level 3\)](#)

[Click for more info](#)

This Level 3 [First Aid at Work Requalification](#) course is suitable for First Aiders who wish to *renew* their current First Aid at Work certificate. This 2 day course It's a Practical and Engaging course in a relaxed environment. Successful delegates will achieve a nationally recognised qualification.

2 Day FIRST AID at WORK Requalification Course						
Month	Enfield	Course No.	Tottenham	Course No.	City of London	Course No.
January	13 & 14	20201	23 & 24	20204	27 & 28	20205
February	6 & 7	20208	27 & 28	20212	13 & 14	20210
March	2 & 3	20213	19 & 20	20216	30 & 31	20218
April	1 & 2	20219	30 & 1 (May)	20224	27 & 28	20223
May	4 & 5	20225	21 & 22	20230	18 & 19	20228
June	4 & 5	20231	15 & 16	20233	25 & 26	20236
July	6 & 7	20237	16 & 17	20241	20 & 21	20242
August						
September	17 & 18	20244	28 & 29	20248	21 & 22	20245
October	5 & 6	20249	15 & 16	20252	22 & 23	20254
November	2 & 3	20255	12 & 13	20258	23 & 24	20260
December	30 (nov) & 1	20261	10 & 11	20264	17 & 18	20266
PRICE:	£150.00 pp plus VAT		£150.00 pp plus VAT		£190.00 pp plus VAT	

## [1 Day Emergency First Aid at Work Course \(Level 3\)](#)

[Click for more info](#)

Nationally recognised Level 3 [Emergency First Aid at Work](#). This practical course is suitable for low-risk environments such as shops and offices. Fun, engaging and practical sessions

NB. Please match the **Bold Date** to the corresponding **Bold Course reference number**

1 Day Emergency FIRST AID at WORK Course						
Month	Enfield	Course No.	Tottenham	Course No.	City of London	Course No.
January	13 or <b>24</b>	20201E or <b>20301</b>	20 or <b>23</b>	20203E or <b>20204E</b>	27 or <b>29</b>	20205E or <b>20206E</b>
February	6 or <b>26</b>	20208E or <b>20302</b>	10 or <b>27</b>	20209E or <b>20212E</b>	13 or <b>24</b>	20210E or <b>20211E</b>
March	2 or <b>23</b>	20213E or <b>20303</b>	16 or <b>19</b>	20115E or <b>20216E</b>	25 or <b>30</b>	20217E or <b>20218E</b>
April	1, or <b>29</b>	20219E or <b>20304</b>	27 or <b>30</b>	20222E or <b>20224E</b>	20 or <b>27</b>	20220E or <b>20223E</b>
May	4 or <b>13</b>	20225E or <b>20305</b>	13 or <b>21</b>	20227E or <b>20230E</b>	18 or <b>20</b>	20228E or <b>20229E</b>
June	4, or <b>19</b>	20231E or <b>20306</b>	15 or <b>17</b>	20233E or <b>20234E</b>	22 or <b>25</b>	20235E or <b>20236E</b>
July	6 or <b>15</b>	20237E or <b>20307</b>	13 or <b>16</b>	20239E or <b>20241E</b>	15 or <b>20</b>	20240E or <b>20242E</b>
August	Group bookings available upon request					
September	17 or <b>25</b>	20244E or <b>20308</b>	23 or <b>28</b>	20256E or <b>20248E</b>	21 or <b>28</b>	20245E or <b>20247E</b>
October	5 or <b>19</b>	20249E or <b>20309</b>	12 or <b>15</b>	20251E or <b>20252E</b>	19 or <b>22</b>	20253E or <b>20254E</b>
November	2 or <b>18</b>	20255E or <b>20310</b>	9 or <b>12</b>	20257E or <b>20258E</b>	18 or <b>23</b>	20259E or <b>20260E</b>
December	2 or <b>14</b>	20262E or <b>20311</b>	7 or <b>10</b>	20263E or <b>20264E</b>	14 or <b>17</b>	20265E or <b>20266E</b>
PRICE:	£90.00 pp plus VAT		£90.00 pp plus VAT		£90.00 pp plus VAT	

## [2 day Paediatric First Aid Course](#)

[Click for more info](#)

This 12 hour [Paediatric course](#) provides specific First Aid training for those who look after children and babies (under 5). It is suitable for Childminders, Nursery Nurses, School staff etc. Fully accredited Level 3 certificate.

2 Day Paediatric Course				
Month	Enfield	Course No.	Tottenham	Course No.
January	30 & 31	20401		
February	27 & 28	20403	6 & 7	20402
March	24 & 25	20404		
April	27 & 28	20406	23 & 24	20405
May	14 & 15	20407		
June	22 & 23	20408	29 & 30	20409
July	13 & 14	20410		
August	Group bookings available upon request			
September	23 & 24	20411		
October	20 & 21	20413	1 & 2	20412
November	16 & 17	20414		
December	10 & 11	20416	3 & 4	20415
PRICE:	£110.00 pp plus VAT			

## [½ day Paediatric Bolt-on Course](#)

[Click for more info](#)

This excellent [Paediatric Bolt-On](#) course is designed for people who work with children under 5 AND have complete an FAW course within a year of the "bolt-on" course. Fully accredited Level 3 certificate.

Paediatric Bolt-on Course			
Month	Enfield	Tottenham	Course No.
January	23 (am)		20417
February		14 (am)	20418
March	27 (am)		20419
April		30 (am)	20420
May	21 (am)		20421
June		24 (am)	20422
July	17 (am)		20423
August	Group bookings available upon request		
September		30 (am)	20424
October	23 (am)		20425
November		25 (am)	20426
December	15 (am)		20427
PRICE:	£55.00 pp plus VAT		

## [½ Day Fire Warden Course](#)

[Click for more info](#)

This [half-day Fire course](#) provides people with an understanding of the legislative requirements, principles and practical application of the requirements of fire safety in the workplace

Fire Warden Course			
Month	Enfield	City of London	Course No.
January		22 (am)	20701
February	12 (am)		20702
March		13 (am)	20703
April	21 (am)		20704
May		26 (am)	20705
June	26 (am)		20706
July		23 (am)	20707
August	Group bookings available upon request		
September	21 (am)		20708
October		26 (am)	20709
November	30 (am)		20710
December		21 (am)	20711
PRICE:	£90.00 pp plus VAT		

## [½ Day First Aid Annual Skills refresher course](#)

[Click for more info](#)

An excellent [Practical 3 hour Skills Update](#), in line with new Ofqual guidelines. Practical and interactive, it's a perfect way to keep skills up to date.

Skills Refresher Course				
Month	Enfield	Course No.	City of London	Course No.
January	23 (pm)	20268	22 (pm)	20267
February				
March	27 (pm)	20270	13 (pm)	20269
April				
May	21 (pm)	20271	26 (pm)	20272
June				
July	17 (pm)	20273	23 (pm)	20274
August	Group bookings available upon request			
September				
October	23 (pm)	20275	26 (pm)	20276
November				
December	15 (pm)	20277	21 (pm)	20278
PRICE:	£55.00 pp plus VAT		£65.00 pp plus VAT	

## [Level 1 Award in Health and Safety in a Construction Environment](#)

[Click for more info](#)

Anyone applying for a CSCS Green Card will be required to complete the new Level 1 Award in Health and Safety in a Construction Environment.

The Level 1 Award in Health and Safety in a Construction Environment provides learners with an essential foundation in relevant matters of health and safety.

Level 1 H&S in Construction Course				
Month	Enfield	Course No.	City of London	Course No.
January	20	20801	21	20802
February	20	20803	21	20804
March	20	20805	23	20806
April	20	20807	24	20808
May	26	20810	25	20809
June	25	20812	19	20811
July	20	20813	24	20814
August	Group bookings available upon request			
September	28	20816	25	20815
October	16	20818	15	20817
November	23	20820	16	20819
December	18	20822	17	20821
PRICE:	£110.00 pp plus VAT		£110.00 pp plus VAT	

## [Mental Health First Aid:](#)

[Click for more info](#)

This excellent two-day course qualifies delegates as mental health first aiders. Delegates will get a deep understanding of what mental health is and what factors can affect wellbeing.

Mental Health First Aid				
Month	Enfield	Course No.	City of London	Course No.
January				
February	27 and 28	20501		
March			9 and 10	20502
April	29 and 30	20503		
May			11 and 12	20504
June	29 and 30	20505		
July				
August	Group bookings available upon request			
September			10 and 11	20506
October	1 and 2	20507		
November			26 and 27	20508
December	7 and 8	20509		
PRICE:	£275.00 pp plus VAT		£275.00 pp plus VAT	

## Group Bookings

Our in-house courses allow companies to train a group of staff all at the same time at your place of work.

Generally speaking, if you have more than 4 delegates that you need to train, it could be an option to hold an in-house course. We don't have a minimum number as we run the courses on a "per day" basis rather than "per person" ... so the more people you book on the course, the cheaper it is for you.

We don't have to train on consecutive days; if you would like a course spread over a number of days; or at weekends it's not a problem. We cater for shift workers too; starting early in the day, or late at night We aim to be as flexible as possible to help you.

When arranging an in-house course, we will try and fit into your schedule rather than the other way round. We have a large team of trainers and can cover any date or time that you require.

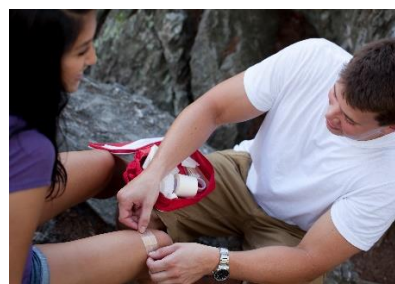
In-House course options:

First Aid	Health and Safety
3 day First Aid at Work	Fire Warden (with or without Extinguishers)
2 day First Aid at Work Requalification	Manual Handling
1 day Emergency First Aid	Working at Height
2 day Paediatric First Aid	Asbestos Awareness
1 day Emergency Paediatric First Aid	IOSH Working Safely
AED and Basic Life Support	IOSH Managing Safely
First Aid for School Support Staff	Level 1 H&S in Construction
Patient Handling	Level 2 H&S in the workplace
Pet First Aid	Level 2 in Food Hygiene
Mental Health First Aid	Level 3 in Food Hygiene
Annual Skills refresher	Ladder Safety
Citizen-Aid	Harness and Lanyard
Epi-Pen Training	Face-Fit Testing
Bespoke First Aid workshops	Environmental Awareness
Bespoke Mental Health for secondary schools	H & S Consultancy
	Fire Risk Assessments

## Supplies

For over 30 years, we have been supplying a full range of first aid and safety equipment. There is no minimum or maximum order.

We provide a comprehensive range of first aid, medical and safety products for all types of industries. Our product range includes first aid kits, bandages, dressings, kits, Defibrillators, signs, plasters and many more. We are fully authorised distributors for several manufacturers, ensuring the lowest prices and highest possible service.





To make a booking, click on the course number on the list. Alternatively please contact the office on 0208 211 2054 or email your request to [dave@sts-firstaid.co.uk](mailto:dave@sts-firstaid.co.uk) or [info@sts-firstaid.co.uk](mailto:info@sts-firstaid.co.uk)

\*\*We also have an online shop; we stock everything from Defibrillators to First Aid Kit Essentials. Take a look – please click here for any supplies orders: <http://sts-firstaid.co.uk/shop>  
We aim to deliver within two days; and could very well be cheaper than you current supplier...

Venues: May be subject to change, so don't use these as final confirmation. Once a booking is made, we will send the organiser the joining instructions as confirmation of venue, times etc.

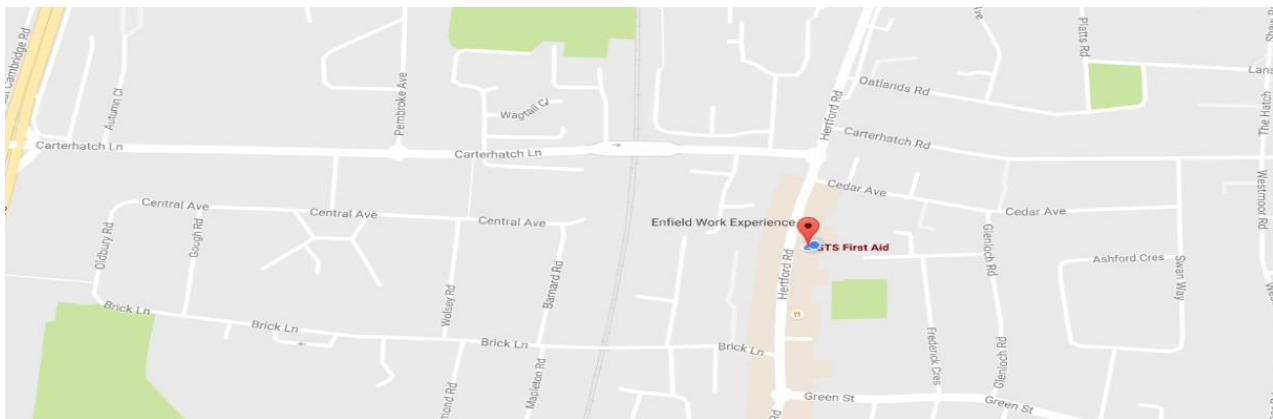
### [City of London](#)

City Business Library, Aldermanbury, London EC2V 7HH



### [Enfield](#)

Enfield Business Centre, 201 Hertford Road, Enfield, EN3 5JH



### [Haringey \(Tottenham\)](#)

Bruce Castle Museum, Lordship Lane, London N17 8NU

